

# Focus on Food - The Recipe Swap

Pupils create a display featuring a recipe for a typical English dish. Recipes are exchanged with the partner school and pupils experiment with cooking Ethiopian food. These activities investigate food preparation and explore diversity in food and cooking in another culture.

## Activity 1 – Recipe display

- Pupils prepare a display featuring a recipe for an English dish.
- This can include a planning discussion about what to include and how to research this (such as a list of ingredients and instructions and other information)
- They can illustrate the cooking process with drawings, diagrams, paintings or pictures.

## Activity 2 - Cooking

- Children carry out the recipe themselves, photographing and documenting the cooking. They can add this to their display.
  - What equipment did they use?
  - How did it taste?
  - Any hints and tips? What changes would they make to the recipe?

## Activity 3 – Swap and Investigation

- The display is then exchanged with the partner school.
- Pupils investigate the partner school's recipe.
  - What ingredients are needed? Are there any unusual ones? Where could they get them from?
  - What methods do Ethiopians use to cook? Do they cook on charcoal stoves? What implements do they use?
  - Why might they be different?

## Activity 4 – Ethiopian food

- Pupils carry out the recipe from the partner school, paying close attention to instructions, planning and improvising where necessary.
- Pupils can document this. How did it turn out?

### KEYSTAGE 3 & 4 CURRICULUM LINKS

#### English

- Choosing appropriate language for context, conveying meaning competently through writing
- Analysing texts
- Discussion

#### Geography

- Appreciating the differences and similarities between people, places, environments and cultures to inform their understanding of societies

#### Science

- Investigating and documenting
- Using real-life examples as a basis of finding out about science

#### Citizenship

- Exploring diversity in the U.K and the rest of the world

### Further Work

- Pupils investigate the cuisine of other countries and try their hands at different recipes. If there are pupils of different ethnicities in the class, they may suggest recipes from their homes.
- If there are any ingredients that pupils cannot get hold of, how about growing them? Your partner school could supply some seeds and the pupils could see if they can grow them in the school garden.